

11555 Central Parkway, Suite #402, Jacksonville, FL 32224

Phone: (904) 747-3800 Fax: (904) 747-3788

Kia M. Mitchell, MD Thanh Nguyen, MD Linda Rowan, MSN, APRN, William Gonzalez, MSN, APRN

Date:		
Patient's Full Legal Name		
Nickname or name patient goes by		
Social Security #	DOB	Age
Address		
City, State, Zip		
Home Phone #	Cell Phone #	
Email Address		
Driver's License #		
Gender: Male Female	Marital Status: Single Engaged	Married Divorced
Spouse/ Other Name/ Age:		
Name(s)/ Age(s) of children		
Employer	Occupation	
Business Address		
	Work Phone #	
Who may we thank for referring you to o	ur office?	
In case of emergency, who should be notified?	Relationship to patient	

Insurance Information (Primary coverage) Name of Person Holding Policy_____ Relationship to Patient Insurance Co. Name_____Policy #____ Address Group # Address con't_____Phone #____ City, State, Zip______Effective date coverage began _____ **Insurance Information (Secondary - if applicable)** Name of Person Holding Policy____ Relationship to Patient Insurance Co. Name Policy # Address______Group #_____ Address con't Phone # City, State, ZIP __ Effective date coverage began **Insurance Assignment and Release** I, the undersigned, certify that I have insurance coverage with_____ (Name of Insurance Company)

and assign directly to FAMILIES FIRST MEDICAL GROUP insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges, whether or not paid by insurance. I hereby authorize the providers to release all information necessary to secure the payment of benefits. I authorize the



Medical and Family History Form

Date o	of Last Annual Wellness Exam:	_		
Most	important concerns for this visit:			
1				
2				
ALL	ERGIES to Medication(s): [] Yes (deta	iil below)	[] No Known	Drug Allergies
Medic	eation:	Reaction: _		
Medic	eation:	Reaction: _		
Medic	eation:	Reaction: _		
Other	Allergies (please list):			
	ICATIONS: Please list all prescription medicements you are currently taking:	cations, over-the	e-counter medications, vitam	ins, and other
	Medication Name	Dose (mg)	Type (tablet, cream, IV)	How Often?
1.				

	Medication Name	Dose (mg)	Type (tablet, cream, IV)	How Often?
1.				
2.				
3.				
4.				
5.				
6.				
7.				

Please indicate if you have	e had any of the followi	ng screening tests, and the most	t recent date:
Colonoscopy:	_DEXA (bone density):_	Women: Pap:	Mammogram:
Adult immunizations: It is with your previous provide		have the dates of your most recen	t immunizations. Please check
Tetanus [] Yes [] No	Date:	Was pertussis included (Tdap)?	?[]Yes[]No
Pneumonia [] Yes [] No	Date:	Zostavax [] Yes [] No Da	te:
Hepatitis B [] Yes [] No	Dates (3 shots):		
HPV [] Yes [] No	Dates (3 shots):		
CURRENT HEALTH SY Please complete all question			
4. Do you have any vision 5. Are you experiencing ch 6. Do you have unusual sh 7. Do you have leg swellin 8. Do you experience when 9. Do you have sleep probl 10. Have you been told tha 11. Do you have constipate life? [] Yes [] No 12. Have your bowel move 13. Do you have problems 14. Do you have problems 15. Do you have joint or ba 16. Do you have leg pain, 17. Do you have headache 18. Have you had an unexp 19. Do you have poor bala 20. Do you have little plea 21. Do you feel down, dep 22. Are you concerned abo 23. Are you concerned abo 24. Have you noticed unus 25. Do you have unusual s	plained fevers or night swall allergy symptoms that or hearing problems that dest pains or irregular beautiest pains or irregular beautiest pains or irregular beautiest pains or irregular beautiest pains of breath or a period that is recurrent or both exing when you breathe? The statement patterns with out you snore and stop breautiest patterns changed ir with urination that affect with sexual function that ack problems that affect your ability the pected fall with injury in the statement patterns or weakness that affect your ability the pected fall with injury in the statement patterns or falling? [] Your anxiety or stress in your your memory? [] Yes ual bruising or bleeding? It with lesions that concern your stress in your stress in your your memory? [] Yes ual bruising or bleeding?	reats? [] Yes [] No t affect your quality of life? [] Yes are bothersome? [] Yes [] No tts that worry you? [] Yes [] No sistent cough? [] Yes [] No nersome? [] Yes [] No [] Yes [] No quality of life? [] Yes [] No tthing during sleep? [] Yes [] No tin or other problems with digestic a recent months? [] Yes [] No ts quality of life? [] Yes [] No ts quality of life? [] Yes [] No ts affects quality of life? [] Yes [] your quality of life? [] Yes [] No tat limits how fast or far you can we to function? [] Yes [] No the past year? [] Yes [] No Yes [] No Yes [] No [] Yes [] No	on that interfere with your quality of No
Comments:	•		

^{*} Note: Evaluation of these concerns is not usually part of an annual wellness or preventative exam. It is likely that your doctor will need to schedule extra time or an additional appointment to follow up on these problems.

CONSENT FOR MEDICAL TREATMENT

Page 1 of 2

1. CONSENT FOR HEALTH CARE SERVICES. I authorize physician(s), therapists(s), their assistants and/ or designees to administer any treatment as may be necessary or advisable in my diagnosis and treatment at FAMILIES FIRST MEDICAL GROUP. This authorization includes, but is not limited to, medical services, diagnostic procedures, intravenous therapy, medications, injections, laboratory services, and other services or procedures, which my physician or provider considers necessary. My health care providers will discuss with me the risks, benefits and alternatives to recommended treatments. I understand that health care services may be rendered by students,

interns or residents under supervision. I understand that the Kids & Families Medical Clinic may release copies of my medical records to other physicians, practitioners and healthcare facilities for treatment and other purposes, as permitted by law. I acknowledge that no promises or guarantees have been made to me regarding treatment or services rendered by the practice.

2. KIDS & FAMILIES MEDICAL CLINICPRACTITIONERS. I understand that I may receive services from professionals who provide care to me who are not employees or agents of All About Kids & Families. These professionals may

include other physicians requested by my physician to participate in my care as well as radiology, pathology and laboratory services. As a result, I understand that I may receive bills for these services that are separate from the bills I receive from All About Kids & Families. I understand that, in some cases, these non FAMILIES FIRST MEDICAL GROUP Clinic professionals or facilities may not be participating providers under my insurance plan. I understand it is

my responsibility to verify whether professionals providing my care are participating providers under my insurance, and that I may be responsible for any out of network costs incurred due to non-participation.

- 3.MEDICARE and/or MEDICAID CERTIFICATION. I certify that the information given by me in applying for payment under the Medicare and/or Medicaid programs is correct, and I authorize the release of all information needed to act on this request. I request that payment of authorized benefits be made to the practice on my behalf for the charges for which the practice is authorized to bill in connection with these health care services.
- 4. FINANCIAL AGREEMENT. I understand that there is no guarantee of reimbursement or payment from any insurance company or other payor. I acknowledge full financial responsibility for, and agree to pay, all charges of the practice and of physicians rendering services not otherwise paid by my health insurance or other payor. Estimated patient responsibility is due at the time of service. Any remaining charges are due upon receipt of the bill. I understand the practice may request and use data from third parties such as credit reporting agencies in order to verify demographic data or evaluate financial options. If payment is not made within 90 days after receipt of the bill, a delinquent charge or interest at the maximum legal rate may be added. I agree to pay all reasonable legal expenses necessary for the collection of any debt. I acknowledge and understand that any refund that I may be owed will first be applied to any outstanding balance, and the remainder will be forwarded to the address on file with the practice. I consent to be contacted by regular mail, by e-mail or by telephone (including a cell phone number) regarding any matter related to my account by the practice or any entity to which the practice assigns my account. I also consent to the use of any updated or additional contact information that I may provide to the practice or any entity to which the practice assigns my account, as well as the use of technology including auto-dialing and/or prerecorded messages in contacting me.

All official FAMILIES FIRST MEDICAL GROUP policies are maintained electronically and are subject to change. No printed policy should be taken as the official policy except to the extent it is consistent with the FAMILIES FIRST MEDICAL GROUP policy that is electronically maintained.

CONSENT FOR MEDICAL TREATMENT

Page 2 of 2

- 5. PREAUTHORIZATION REQUIREMENTS. I understand that it is my sole responsibility to verify that all preauthorizations are in place and to comply with all requirements of any insurance plan upon which I am relying for coverage of the practice's and physicians' charges. I also understand that my insurance may require an office visit referral from my primary care physician to see a specialist. It is my responsibility to contact my primary care physician and acquire the necessary referral prior to my scheduled appointment. If a referral is not obtained prior to my appointment, I may be financially responsible for the charges incurred during the visit.
- 6. ASSIGNMENT FOR DIRECT PAYMENT. I authorize and direct that payment of any insurance or healthcare benefits otherwise payable to me for health care services or goods be made directly to the practice and my physicians. I understand that I am financially responsible to the practice or my physicians for charges not covered or paid pursuant to this authorization.
- 7. ACKNOWLEDGEMENT OF NOTICE OF PRIVACY PRACTICES. I acknowledge that FAMILIES FIRST MEDICAL GROUP has offered me a copy of its Notice of Privacy Practices.

By checking one of the boxes below, I acknowledge:

☐ I have been offered or accepted a copy of the Notice of Privacy Practices
☐ I declined a copy of the Notice of Privacy Practices
I ACKNOWLEDGE THAT I HAVE READ THIS FORM AND UNDERSTAND ITS CONTENTS AND HAVE RECEIVED A COPY HEREOF. I FURTHER ACKNOWLEDGE THAT I AM THE PATIENT, OR PERSON DULY AUTHORIZED EITHER BY THE PATIENT OR OTHERWISE, TO SIGN THIS AGREEMENT, CONSENT TO, AND ACCEPT ITS TERMS.
SIGNATURE OF PATIENT OR LEGALLY RESPONSIBLE PERSON NAME (PRINT) DATE TIME
RELATIONSHIP / REASON WHY PATIENT IS UNABLE TO SIGN

ADDRESS OF PATIENT

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CLASSIFICATION OF ETHNICITY & RACE

Providing you with the very best care is our highest consideration. In order do that, it will help us to know a little bit about you.

While most diseases cross all ethnic/racial and gender boundaries, there are certain disease processes that are more likely to occur in a certain race or gender. In fact, some people may have different symptoms, or respond differently to treatments, because of these factors.

For that reason, we would like for you to share some information with us about your race/ethnicity. Sharing this information is entirely optional, but we believe it will assist our physicians and other care-givers in serving you best. It will not be used as a basis to deny or otherwise restrict the health care services you receive. Please consider the information below. Thank you.

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Eth	ni	CI	tv

Ethnic	ity
Do you	consider yourself to be Hispanic or Latino according to the definition below?
(Choos	e only one)
	Yes, I am Hispanic or LatinoA person of Mexican, Puerto Rican, Cuban, Central American, South American, or other Spanish culture or origin, regardless of race
	No, I am not Hispanic or Latino
Race	
What ra	ace do you consider yourself to be?
	American Indian or Alaska NativeA person having origins in any of the original peoples of North, Central, or South America, and who maintains tribal affiliation or community attachment
	Asian -A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent, including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam
	Black or African AmericanA person having origins in any of the black racial groups of Africa.
	Native Hawaiian or other Pacific IslanderA person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands
	WhiteA person having origins in any of the original peoples of Europe, the Middle East, or North Africa
	Refuse to provide information I do not wish to provide some or all of the above information

More Than One Race Please list:



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FINANCIAL POLICY

Your understanding of our FINANCIAL POLICY is important to us. Please let us know if have any questions about our fees, financial policy or your responsibilities.

- * CO-PAY, CO-INSURANCE, DEDUCTIBLES AND BALANCES ARE DUE AT THE TIME OF SERVICE
- * WE ACCEPT CASH, VISA, MASTERCARD & DISCOVER
- * NO SHOW FEE: 24 hour notice for cancellation must be given or there will be a \$25.00 no show fee added to your account.

* BILLING

FAMILIES FIRST MEDICAL GROUP does not bill or extend credit. You are required to pay your co- pay, deductible, or any balance due at the time of service. We cannot hold checks. If you have an emergency situation or an issue that will prevent you from paying for your service, please contact our billing department in advance and they will discuss arrangements with you.

* INSURANCE

If we accept your insurance, you are responsible for any deductibles, co-insurance or co-pays at the time of service. IF YOUR INSURANCE CARRIER CHANGES, IT IS YOUR RESPONSIBILITY TO NOTIFY US WHEN CHECKING IN. IF YOU FAIL TO DO SO, YOU MAY BECOME RESPONSIBLE FOR THE FULL AMOUNT OF THE VISIT. Insurance is a contract between you and your insurance company. We will not become involved in disputes between you and your insurance company. You are responsible for the timely payment of your account.

* I understand and agree that, regardless of my insurance status, I am responsible for the balance on my account for any professional services rendered, not covered by insurance. I have read all of the information above and understand it to the best of my knowledge. I will notify you of any and all future changes.

Signature of Patient	Date
	_



PRIVACY POLICY

INTRODUCTION

FAMILIES FIRST MEDICAL GROUP is committed to protecting the privacy of our patients. In accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPPA), FAMILIES FIRST MEDICAL GROUP has created a Privacy Policy. The purpose of this notification is to familiarize you with the existence of our policy, as well as give you an overview of its contents. The full written policy is available to you on request.

HIGHLIGHTS

Your Rights: You have a right to inspect and copy your protected health information. You have a right to request a restriction of your protected health information. You have the right to have your physician amend your health information. You have a right to receive an accounting of disclosures of your protected health information.

FAMILIES FIRST MEDICAL GROUP will use your private information in a variety of ways to facilitate your care. Some of these uses require your written consent and some do not. Private information (termed Protected Health Information or PHI in HIPPA), includes anything which individually might identify you (Name, SSN, diagnoses, etc.)

FAMILIES FIRST MEDICAL GROUP Clinic may use your PHI without written consent to communicate with emergency rooms, hospitals, specialists, lab and x-ray facilities, and other facilities involved in the current treatment of the patient. In addition, FAMILIES FIRST MEDICAL GROUP will routinely use PHI in the submission of billing to insurance companies. Also, any release required by law (mandatory notification of contagious disease to the health department, issues involving abuse or neglect, adverse drug and treatment reports to the FDA, issues involving criminal activity to law enforcement, or other releases required by law) may take place.

FAMILIES FIRST MEDICAL GROUP requires your written consent to release PHI to parties other than those listed above. This includes release to relatives other than immediate caregivers, to attorneys, to employers, to life insurance or disability insurance carriers, to research projects, or any others not listed previously.

FAMILIES FIRST MEDICAL GROUP does have business relationships with some companies who might periodically have access to your PHI. These include our attorneys, practice management consultants, computer system consultants and others. The purpose of these situations is for these entities to advise us, internally, on our practice operations. Kids & Families Medical Clinic maintains a contractual agreement with these entities which restricts their use of private information to their business relationship with us.

FAMILIES FIRST MEDICAL GROUP does increasingly use computer systems to transmit private information. This is largely to transmit claim and referral information with insurers and to exchange private information with other health care facilities. HIPPA mandates the secure electronic transmission of private information and we are in compliance with those requirements.

FAMILIES FIRST MEDICAL GROUP does use PHI during the day to day operations of the office. While certain uses of PHI (such as calling you by name in the waiting room) are acceptable, others (such as a person overhearing a telephone call regarding your case) are not. We are committed to preventing inadvertent disclosures. Your feedback about how we are doing in this or any other area is strongly encouraged.

Signed by Patient / Guardian:	ī	Datas
Signed by Patient / Guardian:	ļ	Date:



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AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION THIS AUTHORIZATION COMPLIES WITH THE HIPAA PRIVACY RULE

Patient Name		Patient SS#	DOB
Patient's Address			
I hereby authorize FAMILIES FIRST N	MEDICAL GRO	UP to (please cl	neck one of the following):
☐ Obtain copies of my medical record	(s) from:	□ R	elease copies of my medical record (s) to:
Name			
Address			
Phone Number		Fax Numb	er
Information as identified below is to be rel	eased:(check all ti	hat apply)	
□ All Medical Records * □ Progress Sheets/Clinic Notes □ Doctors Orders □ Lab/Pathology Report □ PT/OT/ST □ Discharge Summary All records pertaining to psychiatric/mentamay be released unless otherwise specified	☐ Cardiac R ☐ Operative ☐ Occupatio ☐ Psycholog ☐ Chemical	Report onal Health gical Report Dependency	☐ Mental/Behavioral Health Notes ☐ X-ray Reports ☐ Pulmonary Rehab ☐ Immunization Record ☐ History & Physical ☐ Other /or communicable diseases (if any such information exists),
*This information is needed for the follow	ing purpose(s):		
for Privacy of Individually Identifiable Health Confidentiality of Alcohol and Drug Abuse P understand that my records may contain inform	Information (Title attent Records (Title mation regarding my	45 of the Code of e 42 of the Code of y mental health, su	at my health information may be protected by the Federal Rules Federal Regulations, Parts 160 and 164), the Federal Rules for of Federal Regulations, Chapter I, Part 2), and/or state laws. I ibstance use or dependency, or sexuality, and also may contain ow, I am authorizing the release or exchange of these records to
This authorization will automatically ex	pire ninety (90) d	lays following th	e date of signature.
I acknowledge that I have read and underst	tand this authoriza	tion and its conte	ent.
Signature of Patient			Date
Signature of Parent or Legal Guardian			Date
			arther disclosure of this information except with written consent all or other information if held by another party is not sufficient
Witness			(Staff Name) Date

Past Medical History:

Please 1						
	review the list below and chec	ck any condition	s you have had now or in the	ne past.		
	Abnormal Pap Smear	□ Eczem	a		Osteopenia	
	Acne	□ Emphy	/sema		Osteoporosis	
	ADD/ADHD	□ Freque	ent UTI's		Positive TB Ski	n Test
	Alcohol Abuse	☐ Freq S	inus Infections		Prostate Problem	ms
	Anemia	☐ Gallsto	ones		Psoriasis	
	Anxiety Disorder	☐ Glauce	oma		Reflux (heartbu	rn)
	Asthma	□ Gout			Rheumatoid Ar	thritis
	Bipolar Disorder	☐ Heart	Attack		Rosacea	
	Blood Clot	☐ Heart (Condition (specify)		Seasonal Allerg	gies
	Blood Transfusion	□ Hepati	tis (specify A, B, C)		Seizures	
	Cancer (What kind)	☐ High E	Blood Pressure		Sexually Trans.	Disease
	Chronic Bronchitis	☐ High C	Cholesterol		(specify)	
	Crohn's Disease or IBS	☐ Kidney	y Disease		Stomach Ulcers	1
	Colon Polyps	☐ Kidney	y Infections		Stroke	
	Depression	☐ Kidney	y Stones		Tuberculosis	
	Diabetes	□ Lupus			Thyroid Disease	e
	Diverticulitis	□ Melane	oma or Skin Cancer		Ulcerative Colit	tis
	Drug Abuse	☐ Migrai	nes		Warts	
	Eating Disorder nedical problem(s) not on this		arthritis			
□ Other n	Eating Disorder nedical problem(s) not on this check or list any SURGERIE	list:	urthritis			
Other n	nedical problem(s) not on this	list:	urthritis			Year
Other n	nedical problem(s) not on this check or list any SURGERIE	list:S you have had	arthritis :			Year
Other n	nedical problem(s) not on this check or list any SURGERIE f surgery:	list:S you have had	Type of surgery:	ny	nent	Year
Other n	nedical problem(s) not on this check or list any SURGERIE f surgery: Appendectomy	list:S you have had	Type of surgery:	ly Replacem		Year
Other n Please o	nedical problem(s) not on this check or list any SURGERIE f surgery: Appendectomy Arthroscopy (joint)	list:S you have had	Type of surgery: Hysterectom Knee or Hip	ly Replacem or Lumpe	ectomy	Year
Other n	nedical problem(s) not on this check or list any SURGERIE f surgery: Appendectomy Arthroscopy (joint) Back or Neck Surgery	list:S you have had	Type of surgery: Hysterectom Knee or Hip Mastectomy	y Replacem or Lumpe /Lumpecto	ectomy	Year
Other n	nedical problem(s) not on this check or list any SURGERIE f surgery: Appendectomy Arthroscopy (joint) Back or Neck Surgery Cataract Surgery	list:S you have had	Type of surgery: Hysterectom Knee or Hip Mastectomy Mastectomy	y Replacem or Lumpe /Lumpecto val (colon	ectomy omy)	Year
Other n	nedical problem(s) not on this check or list any SURGERIE f surgery: Appendectomy Arthroscopy (joint) Back or Neck Surgery Cataract Surgery Cesarean Section	list:S you have had	Type of surgery: Hysterectom Knee or Hip Mastectomy Mastectomy Polyp Remo	Replacem or Lumpe /Lumpecto val (colon ny/Adenoi	ectomy omy) dectomy	Year
Other n	nedical problem(s) not on this check or list any SURGERIE f surgery: Appendectomy Arthroscopy (joint) Back or Neck Surgery Cataract Surgery Cesarean Section Gallbladder Removal	list:S you have had	Type of surgery: Hysterectom Knee or Hip Mastectomy Mastectomy Polyp Remo Tonsillectom	ny Replacem or Lumpe /Lumpecto val (colon ny/Adenoi on or Vaso	ectomy omy) dectomy ectomy	Year
Other n	nedical problem(s) not on this check or list any SURGERIE f surgery: Appendectomy Arthroscopy (joint) Back or Neck Surgery Cataract Surgery Cesarean Section Gallbladder Removal Heart Surgery (specify)	list:S you have had	Type of surgery: Hysterectom Knee or Hip Mastectomy Mastectomy Polyp Remo Tonsillectom Tubal Ligation	Replacem or Lumpe /Lumpecto val (colon ny/Adenoi on or Vaso ery (specif	ectomy omy) dectomy ectomy	Year
Other n	check or list any SURGERIE f surgery: Appendectomy Arthroscopy (joint) Back or Neck Surgery Cataract Surgery Cesarean Section Gallbladder Removal Heart Surgery (specify) Hemorrhoids	S you have had Year	Type of surgery: Hysterectom Knee or Hip Mastectomy Polyp Remo Tonsillectom Tubal Ligati	Replacem or Lumpe /Lumpecto val (colon ny/Adenoi on or Vaso ery (specif	ectomy omy) dectomy ectomy	Year

For Women:			
Last menstrual period			
Last pap smear			
Last mammogram			
Last bone density			
Age of first period			
# of days in cycle			
# of days in flow			
Are you menopausal	Y N		
Age at onset of menopause			
# of pregnancies			
# of live births			
# of miscarriages			
# of abortions			
# of living children			
Have any of your family member	3	1	
Condition: Heart Disease/attack Stroke Diabetes High Blood Pressure High Cholesterol Thyroid Disease Depression Other Mental Illness	Family Member:		Family Member:
 ☐ Heart Disease/attack ☐ Stroke ☐ Diabetes ☐ High Blood Pressure ☐ High Cholesterol ☐ Thyroid Disease ☐ Depression ☐ Other Mental Illness ☐ Alcoholism 		☐ Osteoporosis ☐ Migraines ☐ Breast Cancer ☐ Colon Cancer ☐ Prostate Cancer ☐ Lung Cancer ☐ Ovarian Cancer ☐ Uterine Cancer ☐ Skin Cancer	
 □ Heart Disease/attack □ Stroke □ Diabetes □ High Blood Pressure □ High Cholesterol □ Thyroid Disease □ Depression □ Other Mental Illness □ Alcoholism □ Asthma 		☐ Osteoporosis ☐ Migraines ☐ Breast Cancer ☐ Colon Cancer ☐ Prostate Cancer ☐ Lung Cancer ☐ Ovarian Cancer ☐ Uterine Cancer ☐ Skin Cancer ☐ Other Cancer	
 □ Heart Disease/attack □ Stroke □ Diabetes □ High Blood Pressure □ High Cholesterol □ Thyroid Disease □ Depression □ Other Mental Illness □ Alcoholism □ Asthma 		☐ Osteoporosis ☐ Migraines ☐ Breast Cancer ☐ Colon Cancer ☐ Prostate Cancer ☐ Lung Cancer ☐ Ovarian Cancer ☐ Uterine Cancer ☐ Skin Cancer	
 ☐ Heart Disease/attack ☐ Stroke ☐ Diabetes ☐ High Blood Pressure ☐ High Cholesterol ☐ Thyroid Disease ☐ Depression ☐ Other Mental Illness ☐ Alcoholism ☐ Asthma Any other illness in the family not	ot listed?	☐ Osteoporosis ☐ Migraines ☐ Breast Cancer ☐ Colon Cancer ☐ Prostate Cancer ☐ Lung Cancer ☐ Ovarian Cancer ☐ Uterine Cancer ☐ Skin Cancer ☐ Other Cancer	
☐ Heart Disease/attack ☐ Stroke ☐ Diabetes ☐ High Blood Pressure ☐ High Cholesterol ☐ Thyroid Disease ☐ Depression ☐ Other Mental Illness ☐ Alcoholism ☐ Asthma Any other illness in the family nother's Health Condition(s):	ot listed?	Osteoporosis Migraines Breast Cancer Colon Cancer Prostate Cancer Lung Cancer Ovarian Cancer Uterine Cancer Skin Cancer Other Cancer	
☐ Heart Disease/attack ☐ Stroke ☐ Diabetes ☐ High Blood Pressure ☐ High Cholesterol ☐ Thyroid Disease ☐ Depression ☐ Other Mental Illness ☐ Alcoholism ☐ Asthma Any other illness in the family nother's Health Condition(s): Living? Y/N If no, age	e at death	Osteoporosis Migraines Breast Cancer Colon Cancer Prostate Cancer Lung Cancer Ovarian Cancer Uterine Cancer Skin Cancer Other Cancer	
☐ Heart Disease/attack ☐ Stroke ☐ Diabetes ☐ High Blood Pressure ☐ High Cholesterol ☐ Thyroid Disease ☐ Depression ☐ Other Mental Illness ☐ Alcoholism ☐ Asthma Any other illness in the family nother's Health Condition(s):	e at death	Osteoporosis Migraines Breast Cancer Colon Cancer Prostate Cancer Lung Cancer Ovarian Cancer Uterine Cancer Skin Cancer Other Cancer	

Other:

Health Habits:

1. Do you smoke currently? Yes No
If yes, how much? # of cigarettes per day# of years smoking
If no, did you smoke in the past? Yes No How many years?How much? # of packs per day
Are you exposed to smoke? Yes No
Any other tobacco use? Yes No Type: Cigars Chewing Tobacco Snuff Other
2. Do you drink caffeine? Yes No If so, how much?
3. Do you drink alcohol? Yes No What kind? Beer Wine Liquor Other:
If so, how many times per week?month?year?
Have you ever had a problem with alcohol in the past? (legal or social) Yes No
4. Have you ever used street drugs? Yes No
Which ones? Marijuana IV drugs Amphetamines Cocaine Heroin Downers Inhalants
Other
Are you still using? Yes No Which ones?
5. Are you sexually active (in the last year)? Yes No
If yes, circle all that apply: 1 partner multiple partners Male partner(s) Female partner(s)
Which birth control do you or your partner use? None Condoms Pill Vasectomy/tubal
Other
6. Do you exercise? Yes No If so, what type and how often?
7. Do you eat out at restaurants weekly? Yes No Times per week
8. How many servings of fruits and vegetables do you get per day? 0 1 2 3 4 5 >5
9. Do you take a calcium supplement? Yes No Number of dairy servings per day:(e.g. milk, cheese)
10. Do you wear a seatbelt while in a vehicle? Yes No
11. Do you have a living will (do not resuscitate, medical power of attorney)? Yes No
If no, would you like information? Yes No
12. Is there concern for your safety (emotional, physical, or sexual abuse)? Yes No
13. Do you feel safe at home? Yes No